	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch 4-6 months	Potato, carrots and peas Peach	Potato and courgette Apple	Potato, carrot and cabbage Fruit salad	Potato, leek and peas Banana	Potato and spinach Pear
Lunch 6-12 months	Macaroni cheese with peas Peach slices and ice cream	Vegetarian casserole Pears and custard	Roast chicken dinner Semolina	Tuna pasta bake with sweetcorn Jelly and evaporated Milk	Chicken in spinach and mushroom sauce with croquet potatoes Fruit salad
Tea 4-6 months	Potato and parsnips	Potato and carrot	Broccoli, cauliflower and peas	Butternut squash and carrots	Potato, cauliflower and peppers
Tea 6-12 months	Vegetarian sausage with potatoes and peas Banana	Jacket potato with grated cheese Plum	Pasta provencale Pear	Chicken a la king with rice Melon	Cheesy vegetables Kiwi

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch 4-6 months	Potato, swede and peas Mango	Potato and carrot Banana	Potato and Broccoli Apple	Potato and green beans Pear	Potato, sweet peppers and carrots Melon
Lunch 6-12 months	Cod fillet fish fingers, chips peas and sweetcorn Rice pudding and jam	Chicken Supreme with rice Fruit yoghurt	Pasta twirls with bolognaise sauce Bananas and custard	Cowboy casserole Pureed apple	Turkey meatballs with mashed potato, vegetables and gravy Peach puree
Tea 4-6 months	Butternut squash with broccoli	Potato, sweetcorn and peas	Potato and carrots	Potato, parsnip and swede	Butternut squash and courgettes
Tea 6-12 months	Homemade soup Pears	Potato waffles and spaghetti hoops Peach	Vegetable casserole Banana	Tuna pasta bake Plum	Roast Chicken dinner Melon

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch 4-6 months	Potato and courgette Apple	Potato, swede and peas Pineapple	Butternut squash and carrot Banana	Potato, leek and runner bean Pears	Potato, pepper and green beans Peaches
Lunch 6-12 months	Pasta shells with tuna, courgettes in a tomato sauce Jam sponge and custard	Chicken and leek pie with carrots Semolina	Vegetarian cottage pie with carrots Semolina	Tomato and basil lasagne Raspberry yoghurt	Cod in parsley sauce with mashed potatoes and garden peas Crème caramel
Tea 4-6 months	Potato and carrot	Cauliflower and potato	Potato, peas and sweetcorn	Butternut squash with swede	Potato, carrots and turnip
Tea 6-12 months	Jacket potato with grated cheese Apple	Cowboy casserole Plum	Macaroni cheese Melon	Tuna bake Pear	Pasta bolognaise Apple

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch 4-6 months	Potato, peas and sweetcorn Peaches	Potato, carrot and swede Apple	Potato, sweetcorn and courgette Banana	Potato, leek and green beans Pear	Butternut squash with broccoli Melon
Lunch 6-12 months	Vegetable and lentil casserole Strawberry blancmange	Vegetarian sausage with diced root vegetables and potato Rice pudding	Sweet and sour chicken with rice Fruit yoghurt	Veggie burgers and baked beans Pears and custard	Tuna tagliatelle with broccoli Chocolate sponge and chocolate sauce
Tea 4-6 months	Potato and broccoli	Potato and swede	Potato, peas and cauliflower	Potato and carrot	Potato, pepper and courgette Green beans
Tea 6-12 months	Chicken a la king and rice Peach	Vegetable stroganoff Apple	Potato letters and spaghetti hoops Pear	Tomato and basil lasagne Oranges	Cheesy vegetables Melon

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch 4-6 months	Potato, peas and carrots Peach	Butternut squash, peppers and carrot Apple	Potato and sweetcorn Fruit salad	Potato, carrot and swede Apple	Potato and broccoli Pears
Lunch 6-12 months	Cod with potato letters and peas Mixed ice cream	Vegetable pasta bake Apple and custard	Turkey meatballs in onion gravy with mashed potato and sweetcorn Fruit salad	Chicken supreme and rice Bananas and custard	Cheese and tomato pizza with jacket potato Jelly and fruit cocktail
Tea 4-6 months	Potato, swede and peas	Potato and carrot	Potato and parsnip	Potato and broccoli	Potato and peas
Tea 6-12 months	Spaghetti hoops on toast Oranges	Jacket potato and tuna fish Banana	Veggie sausage, mashed potato and vegetables Pear	Pasta provencale Plum	Vegetable and lentil casserole Melon and kiwi

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch 4-6 months	Butternut squash, peas and carrots Pureed pineapple	Potato, carrot and sweetcorn	Potato and broccoli Apple	Potato, carrot and swede Fruit salad	Potato, peas and peppers Banana
Lunch 6-12 months	Salmon fishcakes, mashed potato and peas Pureed pineapple	Roast chicken dinner Rice pudding	Spaghetti bolognaise Jelly and evaporated milk	Veggie sausage, mashed potato and carrots Fruit salad	Pasta with tomatoes and hidden vegetable sauce Bananas and custard
Tea 4-6 months	Potato, broccoli and carrots	Potato, peas and green beans	Potato and cabbage	Potato and cauliflower	Potato and carrot
Tea 6-12 months	Hash browns and baked beans Oranges	Vegetable pasta bake Apple	Turkey meatballs with mashed potato, vegetables and gravy Pear	Chicken supreme and rice Banana	Watercress soup Melon and kiwi